

PARIVAAR - CHANGING DESTINIES SPECIAL NEWSLETTER ON PARIVAAR MP



Second Front – After 14 Years 14 years

after starting of Parivaar in Bengal, we have in 2017 started work in a new geography of MP. Here the immediate plan for the year 2018 is to start at least 50 centres, each of around 80 to 150 children in selected pockets of deprivation and malnourishment in Districts of Madhya Pradesh where Day Boarding (Education cum Meal Programs) for children in the age-group of 4 to 14 will be started. These centres are being named 'Sri Ramakrishna Vivekananda Seva Kutir'. 9 such centres are already in operation

The Problem

:In January, The Economist had a cover article on India titled "India's missing middle class" which had a chilling statistic- Poor diets mean that 38% of children under the age of five are so underfed as to damage their physical and mental capacity irreversibly, according the Global Nutrition Report. The comparable number for Sub-Saharan Africa is apparently lower at 35%. India has the largest number of stunted children in the world, at 48.2 million. In the state of Madhya Pradesh more than 60% children are malnourished. In some impoverished tribal areas of Madhya Pradesh it is as high as 90%.

The Seva Kutirs combine two key themes most crucial for children in interior rural areas in the country – malnutrition and education.



The Seva Kutirs have the following design features:

Village Community Provided Venue : The village community has to invite us and offer a venue free. Usually it is somebody's house, Panchayat building, community hall, school in its non-functioning hours, or even a shed / godown. Thus we do not incur any infrastructure costs for this

Morning (Breakfast) and Evening (Dinner) Shifts : Most Kutirs follow a 2-shift engagement with the children (from morning 7 to 10:30 and from 4:30 to 8). In the morning shift breakfast and milk are given, and dinner (roti, sabzi, rice and dal) is served in the evening shift. During day-time the children are sent to the local Government school so that a continued engagement is established with them. The Seva-Kutirs are aimed at complementing the government schooling and not act as a substitute. But it has much more emphasis and inputs both nutritionally as well educationally.

Local Human Resources L To the extent possible we engage all local workforce (cooks, helpers are from the same village) and teachers from the same or nearby area.

The Kutirs in the same area are organised under one cluster.

Central Resource Team : Resource persons experienced in pedagogy, teacher training, and curriculum design ensure planning and uniform implementation across Kutirs. They also perform a continuous Impact Assessment of Kutirs to encourage constant improvement of the programs.

We witnessed a completely new situation here with villagers objecting to children from lowest castes sitting with those from upper castes while partaking of the meals. We made it clear that it will be this only. We now feel, more strongly than before, that even a simple act of dining together right from childhood can go a long way in a more integrated society. The location of these centres are as follows :

1.Navada, District Dewas, M.P.

Our first Kutir has been started in April '17 at our land on banks of Narmada in village Navada. Here children from nearby villages are also coming. About 125 children in the age-group of 4 to 13 are attending the Navada centre.



2.Eklera, District Dewas, M.P.

The second Kutir has been started on 1st September '17 at village Eklera and is servicing nearby 5 villages which are predominantly adivasi (tribal) and in severe deprivation. Here already 150 children are attending

3.Devpura, District Sehore, M.P.

From Feb '18, we have started our 4th Meal cum Education Centre (Sri Ramakrishna Vivekananda Seva Kutir) in a village Devpura in Sehore district in MP with an initial number of 80 children. This is a village inhabited by Korku adivasis and in forests of the Vidhya range. Children suffer from severe malnourishment and anemia. This Kutir runs in two shifts from 7:30 am to 10:30 am where breakfast and milk is served, and then 4pm to 8pm where after play and studies dinner is served comprising roti, sabzi, dal and rice. A korku adivasi family itself has offered its large home of a few rooms and courtyard as the venue.



4.Chhipaner, District Sehore, M.P.istrict Dewas, M.P.

From Feb '18, we have started our 5th Meal cum Education Centre (Sri Ramakrishna Vivekananda Seva Kutir) in the village Chhipaner on the banks of Narmada in Sehore district in MP with an initial number of 100 children. The children are mostly from very deprived schedules castes communities and kevat (boatmen) community.

5. Silphodkheda, District Dewas, M.P.

This village has people predominantly from the Gond tribal community and 70 children are attending it.



6. Dundlawa, District Sehore, M.P.

The village is cut off from the surrounding area as a river has to be crossed to reach it. There is no road and one has to walk on foot for 4 kilometers from the nearest motorable road. The village has completely Korku tribe population. About 105 children are attending this Kutir.

7. Bija Bhairu, District Sehore, M.P.

This village has no electricity and no road. This village has predominantly people from Bhil community. About 80 children attend this Kutir.



8. Village Bedgaon (District Dewas)

On 24th March (this Seva Kutir (our 9th one) has started at Bedgaon which is having adivasis from Bhilala community. Some of us had gone into a adivasi village called Bedgaon (Dewas district) and had an impromptu community interaction explaining the concept of a Seva Kutir and just after 15 minutes of conversation one person offered his house as a venue for starting a Seva Kutir. He is also from Bhilala adivasi community but has studied till Higher Secondary and worked as Guest teacher (temporary government teacher) in a govt school. He has offered 2 rooms, a verandah, a courtyard as well as his kitchen

9. Village Jamli (District Sehore)

We have started this Seva Kutir at Village Jamli in Ichhawar tehsil from 1st April. We have started with 102 children (52 boys and 50 girls) which would increase up to 125+. The village chiefly has Gond and Korku tribes.



10. Village Nanasa (District Sehore)

This Seva Kutir has about 70 children attending from Korku and Gond tribes and deprived Scheduled Caste communities.

11. Village Sukras (District Dewas)

This Seva Kutir has about 70 children attending from Korku and Gond tribes and deprived Scheduled Caste communities.



12. Village Sirsaudiya (District Dewas)

This Seva Kutir has about 70 children attending from Gond tribes and deprived Scheduled Caste communities.

13. Village Surani (District Dewas)

This Seva Kutir has about 70 children attending from Korku and Gond tribes and deprived Scheduled Caste communities.



14. Village Umar (District Dewas)

This Seva Kutir has about 100 children attending from Korku and Gond tribes and deprived Scheduled Caste communities.



15. Village Moyapani

This Seva Kutir has about 80 children attending from Korku and Gond tribes and deprived Scheduled Caste communities

The Road

Ahead We plan to set up at least 50 such Seva Kutirs by March 2019. The Seva Kutirs cannot have a fixed predictable number of children due to varying sizes of the villages. But the range is between 80 children to 150 children. Average costs per child in a Seva Kutir (100 children) is around Rs 12,500. So for a 80 children Seva Kutir the costs would be around Rs 10 Lacs. For a 150 children

Kutir costs would be around Rs 18.75 Lacs. We are trying to get as many individual donors and corporates as possible who can sponsor each of the Seva Kutirs for a period of 3 to 5 years.

This is also helping towards deeper field-engagement in the district as we are building up our main residential institution at village Sandalpur in Dewas district which is at present under construction and will be modelled on lines of Parivaar's residential institutions in Bengal. Spread over an area of 6 acres it is expected to be operation in later part of 2018. Children from all these impoverished areas and adivasi districts in Western and Central MP will admitted into this residential institution. For any inquiries contact



For any inquiries contact

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Awake, awake, great ones! The world is burning with misery. Can you sleep? ----- Swami Vivekananda