

Annual Report
2019-'20



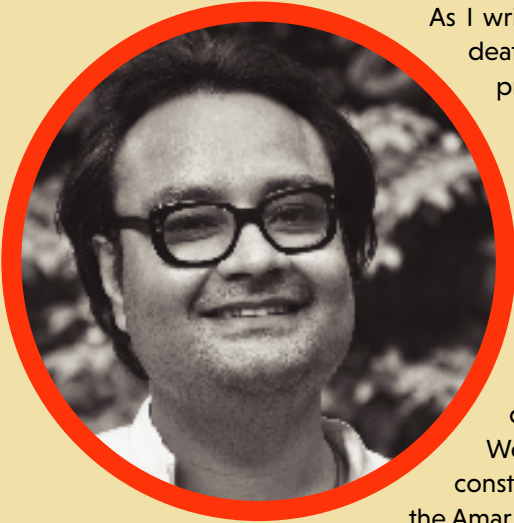
PARIVAAR
EDUCATION SOCIETY
Changing Destinies



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From the Founder's Desk



As I write this, the world is facing an unprecedented crisis that has resulted in the deaths and loss of livelihoods of lakhs of people and has thrown into light the acute problems of penury among millions of Indians, and its effect on education and overall physical and emotional well being of children. While this has come as a setback to the progress in health and education achieved in India for the last few decades, it also highlights the pressing and immediate need to strive even more relentlessly towards correcting this.

Parivaar, since its beginning in 2003, has worked towards the overall care and development of children. In the last one year, we have progressed significantly in both the geographies where we work – Bengal and Madhya Pradesh. In Bengal, we have inducted 230 children from deprived tribal districts of West Bengal, taking the total number of children to more than 2200. We are also gradually increasing the capacity of both the residential institutions by constructing more buildings. There have been additions of several new facilities in the Amar Bharat Vidyapeeth, Parivaar's own school.

In Madhya Pradesh, we have taken our Seva Kutir Project into new districts (Sheopur and Chhindwara) and by end of March 2020, we had 157 Seva Kutirs. As on 31st October 2020, we have 191 Seva Kutirs running in 6 districts, serving more than 18,000 children. All these Seva Kutirs have brought out tremendous changes in the educational, nutritional and overall development of tribal children living in poor, remote villages of 6 districts of Madhya Pradesh – Sheopur, Mandla, Chhindwara, Sehore, Dewas and Khandwa.

The construction of the residential institution in Sandalpur village in Dewas district progressed with full speed throughout the year. The residential buildings are almost complete, with just the school building remaining to be completed. We had planned to start the institution in May 2020, but because of the pandemic, its start has been postponed till starting of the next year i.e. 2021. The construction of another smaller school-cum-residential facility in Ichhawar block in Sehore district has also been going on.

In the meantime, we have started hostels in Mandla and Sehore districts for children coming out of our Seva Kutirs after class 8th. We facilitated the admissions of hundreds of children who had finished Class VIII into government hostels, and got their admissions done in the nearby secondary schools. However, due to shortage of capacity, many children got left out for whom we have started these hostels.

The plan for this year is to keep on spreading the Seva Kutirs work specially in Karahal block of Sheopur district and Khalwa block of Khandwa district. While working with the tribal communities in some of the most underdeveloped pockets in Madhya Pradesh, we have realized various other aspects where we can contribute. Our Seva Kutir project engages the village community at various levels and we have thus established a very good platform in these villages, from where we can work with them on various issues affecting their lives, such as livelihoods, health, environment etc. We have therefore decided to add some new dimensions to our Seva Kutir work in near future, such as livelihood generation within these villages, monitoring and facilitating the access to various government schemes, providing medical support to villagers etc.

We thank all our supporters, wellwishers, volunteers, advisors, local communities in areas of our operation for the multifarious ways in which they have rendered their support to us in the past. We are immensely grateful to all of them.

Vinayak Lohani

Founder & Chief

Parivaar Education Society

► General Introduction



Parivaar (www.parivaar.org) is a humanitarian organization inspired by the spiritual and humanistic ideals of Sri Ramakrishna and Swami Vivekananda, with its chief institutions based in West Bengal, and a recent second branch in Madhya Pradesh. For last 17 years, Parivaar has worked towards the total care and overall development of children who are highly vulnerable to exploitation, victimization and trafficking, including orphans, street children, abandoned children, and extremely impoverished children from tribal areas. It also conducts many more humanitarian activities for the destitute and uncared, including elderly and shelterless.

In Bengal Parivaar has two residential educational institutions – Parivaar Vivekananda Sevashrama for boys and Parivaar Sarada Teertha for girls. With over 2200 resident children, these are West Bengal's largest free residential institutions for children from deprived and destitute backgrounds. We provide residential living, education, and overall child development through sports, cultural and recreational activities etc in a loving and caring atmosphere for boys and girls from early age of 5 till their higher education (university level graduation or employability programs).

Parivaar's Residential Institutions are seen as a model institution in the field of caretaking and overall development of vulnerable children. We have been the recipient of the 2011 National Award for Child Welfare from the President of India, the highest recognition by the Government of India.

In the year 2016 Parivaar began to expand to a new geography of Madhya Pradesh purchasing 17 acres of land at village Sandalpur in District Dewas along with a plot of land on banks of Narmada at village Navada. From 2017 onwards it has started 191 Day Boarding (Meal cum Education centres) for children in selected impoverished tribal and rural pockets called 'Sri Ramakrishna Vivekananda Seva Kutir' in Dewas, Sehore, Mandla, Sheopur, Chhindwara and Khandwa districts. At these Kutirs more than 18,000 children are getting nutritious meals (breakfast and dinner) along with strong Supplementary education and Life-Skills over morning and evening shifts. We are endeavouring to set up 250 such Kutirs in MP by June 2021. Also, a residential educational institution, modeled on lines of our Bengal institutions, is right now under construction at Sandalpur village in Dewas district which will house 500 resident children initially, and will be gradually scaled up to a capacity of more than 2000 resident children. Eventually one residential educational institution in each of the districts of MP where Seva Kutirs are under operation, will be set up. In the interim we have also started 2 hostels in Mandla for 160 children (both girls and boys). The girls' hostel is our own building, while the boys' hostel is on rented premises. Similarly, we have started one hostel in Sehore district in village Diwadiya for 20 girls. They are called Parivaar Vivekananda Vidyarthi Sadan (boys' hostel) and Parivaar Bhagini Nivedita Sadan (girls' hostel).

► The Background and Beginning



In 2003, a 25 year old young alumnus of IIT Kharagpur and IIM Calcutta, having opted out of placements towards a lucrative corporate career, was driven by the inspiring exhortation of Swami Vivekananda of selfless service to those in suffering and make one's life one with them. This young man, Vinayak Lohani, thus inspired by spiritual and humanistic ideals of Ramakrishna-Vivekananda, resolved to devote his entire life for serving 'Divine in Man' as taught by Swami Vivekananda. He gave up the prospect of highly lucrative corporate career by not taking any placement from IIM. Immediately after passing out of IIM in 2003, with just 3 children in a small rented building on outskirts of Kolkata, he started Parivaar.

But he had no resources. So in order to kickstart his mission, till the level of 15 children at Parivaar, he used to take some lectures for students appearing for Management entrance examinations and through that could meet the expenses of the set-up. Gradually people began to be inspired by this dedicated service and started to support the initiative and the number of children at Parivaar grew. At the end of 2004, Parivaar could purchase its own land to develop its permanent campus called Parivaar Ashram. Parivaar's mission and theme began to attract dedicated youth, many of whom joined Parivaar as resident workers and began to become bearers of this mission. After 14 years of relentless service in Bengal and with many youth inspired to join him, Vinayak Lohani expanded Parivaar's footprints into Madhya Pradesh in 2016.

► Mission & Vision

Our mission is to bring about transformation in the lives of suffering humanity through earnest humanitarian work, and in particular change the lives of destitute and vulnerable children and youth in a loving and caring environment, creating the soil on which children can realize their full potential, and through the benefits of long-term education, livelihood training, and hand-holding.

Our vision is to reach as many children and youth as possible throughout India and help transform their lives.

▶ Governing Body

Parivaar is registered in India as the PARIVAAR EDUCATION SOCIETY.

Vinayak Lohani is the Founder, Secretary and Chief of Parivaar. Rest of the Governing Body is as follows:

Mr Sumit Bose

President

Former Finance Secretary, Government of India

Mr Ramesh Kacholia

An eminent philanthropist and convener of Caring Friends Network

Prof Sougata Ray

Professor and member Board of Directors at IIM Calcutta

Mr Saurabh Mittal

Entrepreneur

Ms Megha Modi

Entrepreneur and Philanthropist

Ms Sreedevi Menon

Management professional

Mr Deepak Ahuja

Senior Technology Professional, Amazon

Mr Shyamsundar Agarwal

Industrialist based in Kolkata

Mr Pranjal Dubey

IT entrepreneur and founder Sant Singaji Institute of Science & Management

Mr. Kapil Bharadwaj

Chief of Operations, Parivaar

▶ Advisory Board

Parivaar is fortunate to have committed long-time supporters who also serve on our Advisory Board which advises the Founder and the Governing Body in a range of matters. The members of the Advisory Board are as follows:

Mr Nilesh Shah

MD, Kotak Asset Management

Mr Rajesh Raman

Managing Director
Dymon Asia, Singapore

Mr Shyam Maheshwari

Founder, SSG Advisors, Singapore

Mr Akash Mohapatra

Legal Co-head (Asia), Deutsche Bank, Singapore

Mr Aniruddha Dutta

Former Head of Research, CLSA

Mr K. K. Jhunjhunwala

Senior Chartered Accountant

Mr. Atul Satija

Founder & CEO, The /Nudge Foundation & CEO, Give India

Mr. Manav Yagnik

Entrepreneur

Parivaar Bengal



▶ Children profile & New Intake in 2019-2020



- As on 31st March 2020, there are more than 2200 resident children at Parivaar's Residential Institutions.
- 99 more girls from Adivasi Areas of Jhargram and Birbhum were admitted into Parivaar Sarada Teertha. With this we have now more than 800 resident girls in our Bengal residential institution.
- 131 more boys from Adivasi Areas of Jhargram and Birbhum were admitted into Parivaar Vivekananda Sevashrama.
- Out of 2200 children, nearly 1700 are from highly impoverished tribal pockets from districts of Bankura, Purulia, Midnapore (W), Birbhum in West Bengal and Singhbhum, Saraikela, Ranchi and Giridih in Jharkhand.
- From non-tribal areas i.e. 500 children, the children have either lost both the parents or have only mother who is in very difficult circumstances of deprivation. These are children of high vulnerability prone to exploitation, child labor, vulnerability of being used by anti-social elements, conditions of homelessness etc.





▶ Key Milestones:

- 10 batches of Grade 10 children pass with 97% doing on their first attempt despite being very late starters in education.
- 8 batches of Grade 12 children pass with 100% doing on their first attempt despite being very late starters in education.
- More than 250 of our earliest children getting employable after skill programs with NSDC affiliates after their graduation / higher secondary in respectable firms.
- Some children also working with Parivaar as interns in important roles along with doing their graduation and being developed for frontline leadership in future years.

Key Developments in Academics and Co-curriculars in 2019-20

(i) Science Lab:

We have developed an integrated science laboratory which will cater to the studies of the three major branches of science. The science laboratory is primarily used by children of Grades IX & X. Since we intend to include Grades XI & XII as well, the laboratory is therefore an absolutely necessary addition. Not only for the senior classes, but the middle school and junior classes also have access to the laboratory under careful supervision. Experiments help in the conceptual understanding of science. Our lab is well equipped with every available instrument. The life science and biology sections have an elaborate collection of samples of various species of plants and animals preserved for study. The chemistry section has all the required chemicals and samples crucial for basic experiments. The section on physical science also has elaborate equipments. Teachers are also allowed to carry small equipments or samples with them to classrooms as per requirement.



(ii) Smart Boards

With changing patterns of education understanding concepts has gained far more importance over rote learning. In 2017 we introduced two smart boards in our school. However with the remarkable growth interests in children towards these readily available audio-visual contents, we decided to further install six additional Smart Boards this academic year i.e. in 2019. The Smart Boards are by Next Education and come with inbuilt contents. The contents are for children from nursery to Grade XII and cater to various boards of examination. For instance we have contents in accordance with the West Bengal, C.B.S.E, I.C.S.E Boards and Next Education curriculum. These audio visual contents range from five to seven minutes each and focus on individual topics from every subject. At the end of every video there are available practice questions as exercises. Along with these videos the board also provides for a picture library where there are more than a thousand images pre-stored related to every subject. There are also provisions to write or draw on the board. The children are always enthusiastic for these classes and look forward to these classes. All classes have access to smart board classes as allotted in the routine.



We have also fixed normal white boards along with projectors and also provided laptops so that they can make their own content on their subjects for the children.

(iii) Awakened Citizen Programme (ACP)

The Awakened Citizen Programme (ACP) has been introduced in our school in collaboration with Ramakrishna Mission New Delhi. The programme focuses on moral values, something, which most of us are unfortunately losing out today. Through these moral stories children are encouraged to explore the truth and extend their human possibilities. There are no correct or incorrect answers and children are encouraged to think and reflect on possible outcomes and course of action. The programme is for duration of three years and we have introduced it with class six as the age is considered to be most appropriate and impressionable. The course will end when these children are in eighth grade. Four of our teachers have been provided training by Ramakrishna Mission and have been inducted into the programme. Teachers are allotted one class a week to conduct the ACP classes.

(iv) Parivaar Band

We have introduced a marching band this year. The training and practice sessions are conducted by an ex-military personnel. Classes are conducted once a week and instruments like trombone, saxophone, trumpets, clarinets,



drums, euphoniums and cymbals are used. Though we are in the nascent stage, our children have shown tremendous interest in learning this new skill. We have around 50 children in the band who are dedicated to their practices.

(v) **Robotics**

From September 2019, we have introduced Robotics and Future Technologies as a course for classes six and seven. A three day workshop was conducted where children were given a basic idea on the concepts and functioning of electricity and circuits. Our children used these ideas to innovate wonderful models based on the basic functioning of electricity. From our next academic session we shall introduce this as a recreational as well as a vocational course. This shall be a five year course where children, as they move to higher grades, will effectively learn the detailed concepts of robotics. The idea behind this course is that children will also be taught how to make eco friendly technologies from reusable materials which will prevent and reduce climate change. We encourage girls to take up the course so as to break gender stereotypes and also reduce gender disparity in technological usage.



(vi) **Basketball Program**

Parivaar has started a rigorous basketball program where coaching and training modules are being actionised by Hi5 Foundation which specialises in basketball coaching. Two resident coaches stay at Parivaar and train 400 children (boys and girls) for 3 hours daily in the age-group of 10 to 14. Dr Anjali Tendulkar also visited Parivaar, spending 4 hours with us. A new second basketball court along with Lights and mini-stadium is being started with the support of Sachin Tendulkar Foundation at our Girls' Campus - Sarada Teertha. The expected cost of this court is Rs 30 to 35 Lacs.



(vii) Parivaar Girl Footballers Shine Again

Much like last year where Parivaar team came 1st out of 48 teams from whole of Eastern India in unique Mixed (boys and girls) football tournament held in Kolkata, this year too, in the tournament held in September, they performed brilliantly, though ended up as Runner-up. Iti Tudu was adjudged the 'Best Goalkeeper' and Papiya Mandal was specially awarded for the 'Best Goal'.



(viii) Parivaar's 11 Day Annual Athletic Meet

At our Bengal institutions we had our 11 Day Annual Athletic Meet (everyday from 8 Am till 5 pm) in the month of January 2020. It had more than 300 events (for 10 different age-groups of children for more than 2000 children) and several events for Sevavratees as well. The special highlight was participation of our 30 strong visiting contingent from MP. While there are multiple sports at Parivaar going on a daily basis and under seasoned instructors, the Athletic Meet is rigorous and comprehensive as far as track and field events are concerned. It has led in no small measure to Parivaar's status of reigning supreme in Athletic events in Kolkata and Bengal circuits.



New Buildings at Sarada Teertha

Residential Block:

This new residential block has been completed this year, and was inaugurated in December 2019. It has 3 floors and can comfortably accommodate 400 girls.

Prayer and Meditation Hall:

A new prayer and meditation hall was built this year in the girls campus. This hall can accommodate 1000 persons at one time. It was inaugurated by Revered Swami Balabhadranandaji Maharaj, the Assistant General Secretary of the Ramakrishna Math and Mission.

School Building Unit:

A new school building at girls campus is being constructed, as an extended block of Amar Bharat Vidyapeeth. It will be dedicatedly used for the education of the residential girls.



New Buildings at Boys Campus



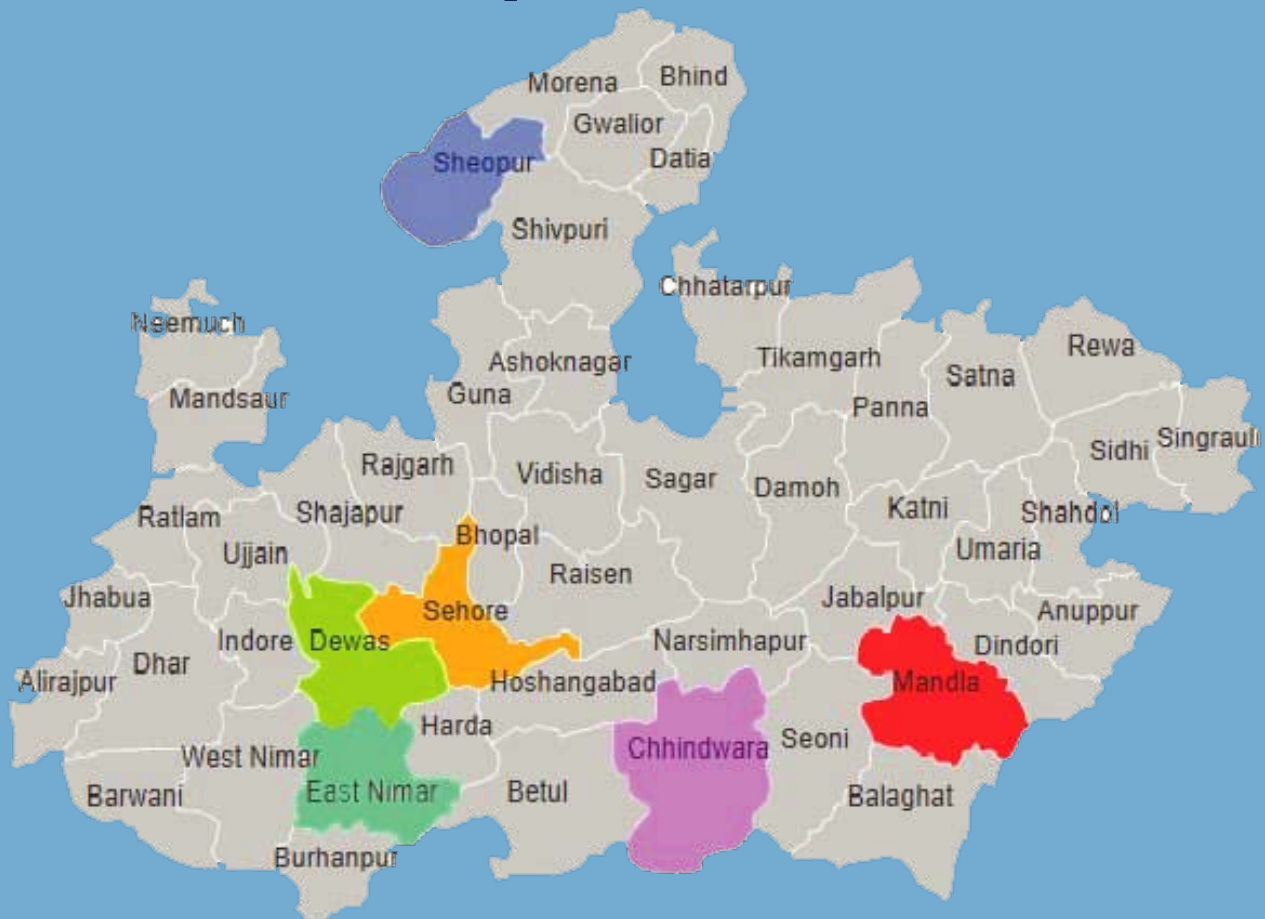
Residential Block:

This new residential block will accommodate 400 boys. The construction went on throughout the year and it is now almost complete.

Dining Hall-cum- Residential Block:

The ground floor of this building will be used as a dining hall where around 1000 children can take meals. The first and second floor will be used as residential facility for children. Ground floor has been completed in this year.

Parivaar Madhya Pradesh



157 Seva Kutirs in Madhya Pradesh by 31st March 2020 – New Expansion in Sheopur and Chhindwara Districts

We have added 55 Seva Kutirs in 2019-20, taking the number of total Seva Kutirs to 157 by 31st March 2020. Most of these have been opened in 2 new districts – Sheopur and Chhindwara.

As of 31st October 2020, we have 191 Seva Kutirs in 6 districts – Sheopur, Chhindwara, Mandla, Sehore, Dewas and Khandwa.

S.No.	District	Increase in Seva Kutirs in FY 2019-20	Total No. of Seva Kutirs
1	Sheopur	25	43
2	Chhindwara	15	18
3	Mandla	10	28
4	Sehore	5	43
5	Dewas	0	49
6	Khandwa	0	10
	TOTAL	55	191

Synopsis of Scenario in Districts under Operation

Sheopur District

We opened our first Seva Kutir in Karahal block of Sheopur district in July 2019. From July 2019 to March 2020, we opened 25 Seva Kutirs in as many villages in Karahal block. Karahal block has one of the lowest life-expectancy in the whole country, and the malnourishment among tribal children here is the worst in whole of Madhya Pradesh. As of 31st October 2020, we have 43 Seva Kutirs here and we plan to take the number of Seva Kutirs here to 100 in the next 1 year and thus serve more than 10,000 children and provide them nutritious food and good quality education.

All the Seva Kutir villages are predominantly inhabited by Sehariya tribals, who are one of the most deprived and poor communities in all over India. This is proved by government statistics as well as our field experience. Sehariya tribals fall under the 'poorest of the poor tribal communities' and is classified as a PVTG (Particularly Vulnerable Tribal Group), which is a government classification. They severely lack in terms of health, education and income parameters. In terms of health, the chief reason for their bad condition is because of incapability to eat adequate and nutritious food.

As per the Government's National Family Health Survey- 4(NFHS -4), and Comprehensive National Nutrition Survey, following are the key health statistics for Sheopur district:

- Sheopur district has the highest Stunting rate (low height –to-age ratio, showing chronic undernutrition) for children in MP.
- It has the highest underweight rate for women in Madhya Pradesh.
- It is one of the worst in MP in terms of women with more than 10 years of education, which, as per the government statistics, is a key factor influencing children's health.

- Taking into account health, educational and other developmental parameters, it has the lowest ranking among 53 districts of MP as per the government surveys, and on an India level survey of around 600 districts, it is among the worst 5 districts.

Sehariya Tribals – Occupation and Food Availability & Intake

Sehariya tribals are engaged in farm or sometimes non-farm labour work. They were traditionally entirely dependent on forests and also lived quite close to the forests. But for the past several decades, with forests getting depleted their dependence on forest has hugely reduced.

Quantity and quality of Daily Food Intake:

In a Sahriya household in these villages, there is no concept of breakfast. If anyone – be it a child or an adult is hungry, then they would eat previous night's stale rotis with black tea (as milk is not available) or just the rotis itself. Milk and hence milk products like curd, ghee etc is totally unavailable in all Sahriya households. They do not have the capacity to rear cattle because of their small farms. They have meals two times a day, in the afternoon and at night. This meal consists of rotis (of wheat or bajra). Apart from rotis, pulses and vegetables are not available all the time. One thing to note is that any meal would consist of only roti with either pulses or vegetables or at many times, when both these are not available, they use chutney of chillies or they eat the rotis with fried onions. For vegetables in the rainy season, they depend on the forest and use certain naturally growing plants as vegetables which are generally not used by other communities such as Pamar, sag, sareta, baasi.

In other seasons, around 60-70 per cent families have no ability to buy vegetables from the local market. At most, they would have vegetables in their meals once in a week or 10 days. Rest of the families do get to eat it for 2-3 days in a week, that too, once in a day. So, their staple diet is rotis and pulses. They get wheat at subsidized rates from the government (around 35 Kgs for a family) and also some amount of rice, sugar and salt. In their own farms, they would grow bajra or in some cases wheat. Thus the children severely lack in terms of protein, vitamins and minerals which is indicated in the health parameters.

Chhindwara District

We have also expanded in Tamia and Parasia blocks of Chhindwara district, where also we are serving some of the most deprived tribal communities like Bharia and Gond. We started the first Seva Kutir here in August 2019 and till March 2020, we established 15 Seva Kutirs in total. As of 31st October, we have 18 Seva Kutirs in this district. Here also, we have selected tribal villages where problems of malnourishment and poor learning outcomes are rampant, and most deprived tribal populations live. Bharia tribe, which is one of the main tribes in all these Seva Kutir villages, is a PVTG (Particularly Vulnerable Tribal Group), that means within tribals, these are one of the most deprived and vulnerable.

Though Chhindwara town in itself is quite modern, yet the interior tribal villages suffer from a hilly terrain denying easy access to various modern amenities, chronic malnourishment of children, poor education outcomes and very low income.

Mandla District

Mandla is home to a large tribal population. Large parts of the district are covered with forests, and villages are relatively smaller. People are engaged mostly in farm work, and seasonal migration to nearby towns such as Jabalpur and Nagpur is also quite common.

We started our first Seva Kutir here in April 2018. By end of March 2020, there were 25 Seva Kutirs in this district, and by 31st October, 2020, we have 28 Seva Kutirs in this district. All these Seva Kutirs are in Mohgaon block. Main tribes in these villages are Gond & Baiga, the latter being a PVTG.

Sehore District

Sehore district, though neighbouring the state capital Bhopal has many interior tribal villages, which have the same conditions of backwardness and problems of malnourishment and poor learning outcomes, which exist in other tribal areas in Madhya Pradesh. We started our first Seva Kutir here in February 2018 in Ichhawar tehsil. By 31st October, 2020, we have 43 Seva Kutirs in 4 tehsils of this district – Ichhawar, Rehti, Nasrullaganj and Sehore.

The main tribes inhabiting these villages are Bhil, Bhilala, Gond and Korku.

Dewas District

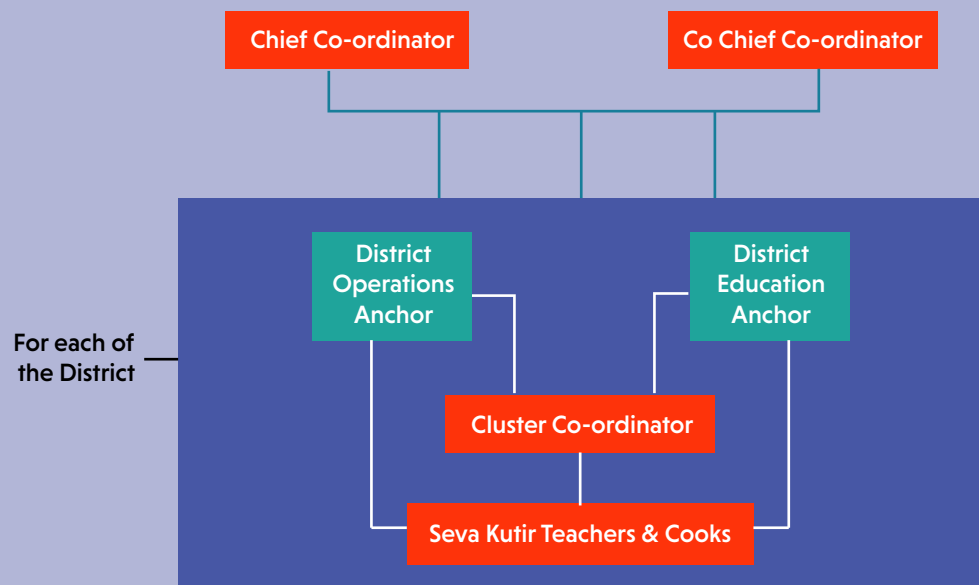
Dewas town is an industrial town, and is near to Indore. However, the district has some pockets of interior tribal villages quite far from the town and often in jungles, which fare very poorly on nutritional and educational indices.

We started our first Seva Kutir in this district in April 2017, though we really started expanding the number of Seva Kutirs here from March 2018. By 31st October, 2020, we have 49 Seva Kutirs in this district, serving around 5000 children.

Khandwa (East Nimar) District

We have started our first Seva Kutir in Khalwa block of this district in October 2020. This block has 147 villages which are inhabited by Korku and Gond tribals. It is the 2nd worst area in terms of health, nutritional status of children and overall development and also one of the worst in the entire country. Thus, we believe that Seva Kutirs will be extremely beneficial for poor tribals of Khalwa block. We sent a team headed by one of our District Anchors to survey the area, meet village community, Sarpanchs and the government officials. Our team identified and finalized the venues for starting Seva Kutirs within a few days, and as of 31st October we have 10 Seva Kutirs, and we plan to set up at least 50 Seva Kutirs here in the next one year.

Seva Kutir Project Organogram



The Seva Kutir Project is a very unique and effective project to deliver high quality nutritional and educational services to children. The project is run, monitored and evaluated closely and on a daily basis.

At the starting, there are teachers and cooks at every Seva Kutir. They have the daily interaction with children, whether in teaching them, feeding them, bringing them to the Seva Kutir from their houses, etc.

Above them are Cluster Coordinators. Every 5 to 6 Seva Kutirs in a nearby area are grouped into 1 cluster and each cluster has 2 cluster coordinators. These cluster coordinators visit the Seva Kutirs daily on bikes given by Parivaar. They ensure that the meals, education and other activities are being carried out effectively and thus do a daily hands-on supervision and monitoring. All Cluster Coordinators in a district are guided by the District Operations and Education Anchors. They provide the leadership for the Seva Kutirs in that particular district, and work with the cluster coordinators to maintain smooth operations and delivery of education in our Seva Kutirs. All these people live in the remote areas far from towns.

The District Operations and Education Anchors and Cluster Coordinators are guided by the Chief and Co-chief Coordinator who jointly look after the operations of all Seva Kutirs in Madhya Pradesh, under the guidance of Founder/Head of Parivaar.

Highlights of the FY 2019-20

i) Internal Impact Assessment of Seva Kutirs

The key objectives of the Seva Kutirs project are to address the problems of malnutrition and poor educational status of children from poor, rural tribal villages in Madhya Pradesh. In the Seva Kutirs, children are divided into 3 to 4 groups, as per their learning levels.

We conducted an internal impact assessment exercise, measuring both educational and nutritional impact that has been seen in the first 100 Seva Kutirs is listed below. There are a total of 8100 children in these 100 Seva Kutirs.

Key Educational Impact

- Children in the age group of 4 to 6 years of age have shown a 52 % improvement in terms of learning basic functions in English language such as being able to identify alphabets and being able to identify & name objects. Similarly, in Hindi they have shown a 54 % improvement and in Maths, as high as 75 % (in terms of being able to read numbers and count objects).
- There is a 64 % improvement in children of 6 to 10 years of age (grades 2 to 5) in terms of learning their grade level skills in English language (such as reading simple sentences) and 60 % improvement in Hindi language & in Maths, they have shown a 43 % improvement in skills such as addition and subtraction without carry and multiplication.
- For children in grades 6 to 8 (11 to 14 years of age), there is a 55 % improvement in terms of mastering their grade level skills in English language, such as reading paragraphs. In Hindi, this has been 52 %. In Maths, the improvement is 19 % in terms of mastering skills such as 3 digit multiplication and division, LCM, HCF, fractions etc.

Key Nutritional Impact

- There is a 20 % decline in the numbers of children with severe malnourishment. The level of nourishment is calculated on the basis of BMI (Body Mass Index) for children above 5 years of age and Mid Under Arm Circumference (MUAC) for children below 5 years of age.
- 84 % of children showed a positive movement in BMI. That means that there is indeed an improvement in their nutritional status, though it may not have been sufficient for these children to come into the normal category.

ii) Proposed External Third Party Impact Assessment of Seva Kutirs by Sattva

We have engaged a third party external agency, Sattva Consulting, which is one of the most reputed firms in matters of Impact Assessment etc. Sattva will assess the impact of Parivaar Seva Kutirs in the life of the target group, which is children attending the Seva Kutirs and also the entire village communities.

This will involve the following:

Performance assessment of the program (from educational and nutritional aspects) to evaluate :

- Change in knowledge/awareness/access with respect to the children
- Change in the behavior and utilization of the access provided to the children
- Change in the learning outcomes and well-being of the children.

Sattva will use a Quasi-experimental study design to conduct the study, wherein data will be collected from both treatment and control groups between Mid-line and End- line to prove the result of the intervention in the long term. This will also avoid the attribution of external factors on the program outcomes. The treatment group will comprise of the villages which are part of Parivaar Seva Kutir intervention. The control group will comprise of villages which have not been part of any phase of the Parivar Seva Kutir intervention.

The design of the study was completed by February 2020, and field surveys were supposed to start from April 2020 onwards. However, because of COVID-19, it has been postponed and we expect the surveys to start in November 2020, post Diwali.

iii) Admission of Grade 9 students in Govt. schools & hostels

2019 was the first year when many children from our Seva Kutirs were completing one year in the Seva Kutir. Many of these children were finishing Grade VIII, and hence they had to be admitted in grade IX in Secondary schools. Generally, Secondary schools are at considerable distance from their villages (10-15 kms) and without proper guidance and counselling many students do not take admission and drop out. So our team met the families of these students and facilitated the admission of 785 students from all the Seva Kutir villages in Government secondary schools at class 9 level in July 2019. Out of this, 91 children have been admitted into government hostels.

iv) Opening of Parivaar's Hostels for children in Mandla & Sehore districts



As described above, we facilitated the admissions of 91 children in government hostels, who were admitted into Grade IX. There were many other children who needed hostels as their homes were far away from their schools, yet because of paucity of rooms in government hostels, they could not get admission into those. So, we took buildings on rent and started hostels for children in two districts – Mandla and Sehore. In Mandla town separate boys and girls hostels were started (for 60 boys and 30 girls) in rented premises. In Sehore, in Diwadiya village, a girls hostel was started for 20 girls in a rented premise. These girls stay in the hostel and are supported entirely by Parivaar, while they study in the nearby government schools.

v) T-Shirts & Sweater Distribution to Children

Children coming to Seva Kutirs are from extremely poor families and many of them (around 80%) do not have sweaters to protect them from cold in the winter season. So we distributed sweaters to 12,586 children attending our Seva Kutirs in November 2019. Similarly, we distributed 2 sets of t-shirts to 14, 828 children in February 2020. Children and their parents were extremely happy to get these clothes and they wear it with pride. The t-shirts are imprinted with Swami Vivekananda's image.



vi) Parivaar 'Vivek Ganga' Campaign : Massive Youth Motivation and Engagement Program

We launched a massive Youth Motivation and Contact Program in August 2019 across rural and small-town colleges this year (across 5 districts where our Seva Kutirs are operating) where we are conducting seminars in various colleges. This program has been named 'Vivek Ganga' (the ever-purifying Ganges of higher ideals). We are taking Swami Vivekananda's ideals of 'divinity and infinitude in each human being' from door to door in all these areas. We are giving talks on Vivekananda's ideals and distributing inspiring books. Around 10 such seminars happened in this year, and more will happen in the next year.

vii) Preparation of Kutir children for admission into Navodaya Vidyalayas

Our teachers in Seva Kutirs, apart from the regular studies to enable children acquire skills up to their grade levels, also try to help children in getting admission to Navodaya Vidyalayas. Around 10 children got admitted into Navodaya schools through these efforts this year.



We have mini-libraries of Pratham Books in all our Seva Kutirs. These are portable, foldable, wall-mounted collections (120 books in each) carefully curated by us with Pratham Books. Children in our remote, tribal villages who do not have access to any reading materials apart from their textbooks, are now using these books with great interest and enthusiasm.

We have also provided Amar Chitra Kathas (in Hindi and English) in Seva Kutirs. These have very interesting stories with lots of images, which are liked by children. Further, they get inspired by reading the stories of great persons. It also enriches their knowledge about the country and instills in them civic national virtues. The holding company of Amar Chitra Kathas has directly sponsored it and provided us these books.

viii) Facilitating Access to Aadhar/Ayushman Cards and Other Government Schemes

In addition to regular educational and meals component in our Seva Kutirs, our team also helps villagers get the benefits of various government schemes. For instance, making of Aadhar cards, Ayushman cards (for medical insurance) etc. In all the Seva Kutir villages, our team does surveys and finds out those people who do not have these cards made for various reasons. Then our team contacts the agent and brings him to the village and get all the cards made at concessional rates.

We are now trying to have a structured and systematic approach at this, and have launched a pilot in 10 Seva Kutir villages in Mandla district where we are enlisting all the applicable schemes and all those cases where villagers are not able to get access to the benefits. We plan to initiate talks with government officials to ensure that the villagers get all the benefits of the various schemes.

ix) Seva Kutirs Teachers' Training



Our Education Resource persons in each district regularly hold training sessions with Seva Kutir teachers. Usage of technology like using Whatsapp Groups, Read Along (Bolo) App, The Teacher App etc is being done. Teachers are being given tasks regularly, which they have to complete and share, in word documents or through audio/visual methods. These tasks relate to reading, writing, pronunciation, solving problems etc. Teachers have to present their completed tasks on 'Bolo App' through video calls. The training imparted by our Education Resource Persons helps build the capacities of teachers, and help them deliver good quality education to children.

We have also recently partnered with Mantra for Change (<https://mantra4change.com/>) for teachers' training and they have begun the trainings for Sheopur district teachers, and will soon start the training sessions for teachers from other Seva Kutir districts.

We have also partnered with Toybank (www.toybank.org), an organization working in building fun & play spaces for children from underprivileged backgrounds. During present times, they are creating PlaySheets, focusing on the behavioral and mental growth of children. They are sharing these PlaySheets with us daily which are then being shared by us with all the children of our Seva Kutirs. These PlaySheets have interesting educational activities on a wide range of areas such as languages, arithmetic, simple games etc.

x) 2 days Science Training by Specialist Resource Person from Royal Society of Chemistry

A 2 days training on basic science methods and experiments for Grades VI-VIII was organized for the teachers of 43 Seva Kutirs in Sehore district from 19th- 20th November, 2019. A fellow from the Royal Society of Chemistry came to one of our Kutirs and took the training. Teachers learned a lot from the training and a plan was designed to implement the learnings with children.

xi) Development of the Residential Campus at Sandalpur (Dewas), MP

The construction of the residential educational institution for children from poor, tribal villages pursued with full speed throughout the year. The residential buildings are almost complete, and the school building is expected to be completed by Feb 2021. The institution was supposed to start from 2020-21 academic session, but because of the COVID-19 pandemic, we have decided to start it by May 2021.



xii) Development of a Smaller School-cum-Residential Facility in Ichhawar, Sehore District

We are building a smaller school and residential block in Ichhawar Tehsil in Sehore district. Around 60% of the work was completed by March 2020 in the school building, which we expect to be ready by February 2021.



xiii) Purchase of a Building in Mandla Town for Running Girls' Hostel

We have purchased a new Building Block in Mandla town which can accommodate 125 girls. This will be used as a Girls' Hostel (named Parivaar Bhagini Nivedita Sadan) and will have girls from Grade 9 to grade 12 and upwards in Higher Education who come out of our various Seva Kutir villages in Mandla district after their Grade 8. Already, 32 girls had been staying here since we took up a floor of this building on rent last year. Now we have taken the entire 10 thousand sq ft property at a price (post registration etc) of Rs 1.5 Crores.



xvi) National Youth Day (Swami Vivekananda Birthday Celebrations) and Sri Ramakrishna Janmatithi Celebrations

On 12th January 2020, the birthday of Swami Vivekananda, which is also now observed as National Youth Day we had massive celebrations in our Seva Kutirs in Madhya Pradesh. In Bengal we had a multi-day spiritual function with devotional music across both our boys as well as girls institutions – that we have had routinely for the last 17 years. But the major part was in MP where in all Seva Kutirs we had a huge village level public celebration. There were processions (Shobha-Yatra done by Kutir children and Sevavratess) across all these villages, more than 50 village elderly being invited for a feast across all villages and served by children and our Sevavratees (thus more than 7000 elderly being hosted and fed sumptuously), and a host of other events and competitions (quiz, arts and crafts, rangoli, elocution, speech) for children in all Seva Kutirs. Large part of expenses in this too were borne by communities themselves voluntarily.



COVID-19 Relief Efforts

In the last week of March 2020, responding to the COVID-19 crisis, we launched massive relief efforts across more than 200 remote, tribal villages in 5 districts of Madhya Pradesh where our Seva Kutirs are, as well as in Bhopal town. We employed a diverse set of measures to help people meet their basic daily needs.



Synopsis of Our Relief Efforts

Monetary Support

S.No.	District Name	Direct Bank Account Transfer		Cash Handouts	
		No. Of Families	Total Amount (in Rs.)	No. Of Families (in Rs.)	Total Amount (in Rs.)
1	Dewas	46	46,000	175	1,75,000
2	Sheopur	531	5,31,000	224	1,75,000
3	Mandla	162	1,62,000	137	1,25,000
4	Chhindwara	139	1,39,000	143	1,25,000
5	Sehore	207	2,07,000	114	1,14,000
6	Bhopal	Nil	Nil	185	1,20,000
7	Migrants & Other Stranded Persons	Nil	Nil	162	81,000
TOTAL		1085	10,85,000	1140	9,15,000

Other Support

S.No.	District Name	Food Stock Distr. from Parivaar		Food Stock Distr. Through Govt.	Medical Checkup Through Govt.
		No. Of Families	Total Amount (in Rs.)	No. Of Families	No. Of Persons
1	Dewas	0	Nil	285	187
2	Sheopur	69	36,350	25	57
3	Mandla	8	4,200	88	204
4	Chhindwara	3	1,575	173	124
5	Sehore	0	Nil	84	95
6	Bhopal	80	1,04,000	Nil	Nil
7	Migrants & Other Stranded Persons	75	29,000	Nil	Nil
TOTAL		235	1,75,125	655	667

In addition to this, we distributed Rs 3,000 each to 4,000 extremely poor families, amounting to a total of Rs 1.20 crores.

GRAND TOTAL

Total Families Served	Total Money Spent
12,782	Rs 1,78,75,125

Monetary Support: COVID-19 and the subsequent lockdown have put people in severe distress. The Seva Kutir villages are one of the most backward, remote and poor areas in the entire country. The mostly tribal population in these areas lives hand to mouth existence, and generally there are no savings to fall back to in case their economic activities stop, which is what has happened now. Further, mere basic food stock distribution (rice, wheat, pulses and salt) does not fulfill all their needs. Even if they are somehow able to feed themselves, they need money to buy other essentials such as medicines, milk for babies, sanitary items etc. Government has distributed certain sums under Jan Dhan scheme, Widow Pension scheme, and other such schemes but this amount is in many cases meagre and there are significant numbers of people who, for a variety of reasons, fall through the cracks and do not get the money. In such circumstances, and as per the intensive field visits and surveys by our team, we found it necessary to give monetary assistance, depending upon our capacity, to at least the neediest people in the Seva Kutir villages and nearby villages who have almost no cash left with them. A significant portion of them are elderly people, who in many cases do not have any young adult family members to take care of them, expecting mothers, and families with young infants / new-borns. We adopted two modes of giving monetary relief : (i) transferring money to their bank accounts & (ii) giving them cash. The latter is necessary as it is impossible for many people, especially the elderly ones, or people whose houses are far from market places where banks are, to access the bank and withdraw the money. Our team identified them, and handed over the cash to them. We gave money in the range of Rs 1000-3000 to each family. Further, for migrant people who were on the move and going to their homes, cash was needed for survival on the road, as they could not carry food stock with them on an already long and difficult journey. Our team found out that some such migrant people had stopped at one place, unable to move further because of lack of any cash. When we handed over the cash to them, they said that they could now think of moving towards their homes. They said that at some places, they got free food but at many others, they had to buy the food from shops and cook their meals, for which they needed cash.

We have also distributed cash and food items to stranded pilgrims in the Narmada belt where a large number of people do 'Narmada Parikrama' walking on foot without any money. Our team on general visits to the areas nearby our Kutirs found out that there were some old persons stuck in the Salkanpur temple area (it is a famous pilgrimage centre) in Sehore district and the nearby ghats of the Narmada river. In some places, we tied up with local eateries to prepare food-packets for stranded people on Narmada Parikrama, and we paid to the eateries / dhabas. Our field people shared their phone numbers all over the areas in the 5 districts of MP. In addition to the 5 districts where our Seva Kutirs are, we also gave monetary help to extremely poor and needy families in Bhopal city. Though we do not have any team or Centres in Bhopal, we still through our Volunteers identified and distributed cash to the needy people.

Food Stock Distribution: we distributed food stock (rice, wheat flour, pulses, oil etc) to families who did not have any food items left in their houses and were also not able to get the free food stock from the government.

Coordinating Food Stock Distribution by the Govt.: In many villages, there were a few families which got left out of the Govt.'s Public Distribution System because they did not have the Ration Cards even though they were poor and needy. Our team surveyed and found these cases, informed the Panchayat and ensured that they would get the food items.

Food Distribution & Cash Handouts to Migrant Families in Bhopal : Bhopal is a big city and therefore migrant families are facing problems of sustenance after the lockdown was imposed. There is also a significant outbreak of COVID-19 positive cases and considerable panic among people. Though we do not have any team or Centres in Bhopal city, we still, through our Volunteers identified 255 very poor and needy homeless migrant labour families in Bhopal city who did not have enough food to sustain them. Depending on the need, our team distributed food stock and handed over cash to them.

Coordinating Health Checkups by the Government Officials: Our team identified the cases where people needed medical relief, reported to the health officials and ensured that they come and do the necessary check-ups.

Distribution of Protective Equipments & Other Safety Measures: Our village level team volunteered with the Panchayat and other government servants in distribution of masks, sanitizers, cleaning activities in the villages, spraying of disinfectants etc.

Keeping Track of Implementation of Government Schemes: Our team actively coordinated with the government officials and the villagers and made sure that all the help (in cash and in kind) as decided by the Central & State Governments reaches the villagers. Some of these schemes are :

- Monetary support of Rs 2000 installment (out of Rs 6000 annual amount) to farmers under the PM - Kisan scheme.
- Widow and elderly pension scheme (Rs 600 per month).
- Rural wage employment allowance under the MGNREGA scheme.
- Monetary support of Rs 500 to women into Jan Dhan account for COVID-19 relief.
- Distribution of Mid-Day Meal food stock and monetary allowance to the children.

Governance and Other Information

Information on Governing Body Members:

The information on Governing Body Members as on 31st March 2020 is provided in the beginning of the Report.

Governing Body members who are related to one another by blood or marriage:

None

Number of Governing Body Meetings held in FY 2019-20

Two Governing Body meetings were held during FY 2019 -20, on 10th October 2019 & 26th January 2020. Out of total 11 members, 6 members attended the first meeting and 7 members attended the second meeting. Both the time requirement of quorum was met.

Details of number of Staff and their range of salary per month

S.No.	Salary Range (in Rs)	No. Of Employees
1	0 – 10,000	991
2	10,001 – 20,000	69
3	20,001 – 30,000	13
4	30,001 – 50,000	3
5	Above 50,000	0
TOTAL		1076

Name & Address of the Statutory Auditor

Jha Yadav & Co

64A, Hemanta Basu Sarani, 1st Floor, Room No. -104, Kolkata – 700 001, Phone & Fax : (033) 40042653

E-mail : office@jhayadav.com

SUPPORTERS ▶**Parivaar Bengal**

STAR TV	Vedant Fashions (Manyavar)	Emami Foundation
3M	ICRA Online	LetzDream Foundation
H T Parekh Foundation	ACRE (Assets Care & Reconstruction Enterprise)	REC Foundation
Exide Industries	BGC Partners (Singapore)	Axis Bank Foundation
Deutsche Bank AG	Tourism Finance Corporation of India	Alchemy Capital Management
Crescent Foundry Company		

Parivaar MP

HDFC Asset Management	Infosys Foundation	Motilal Oswal Foundation
Naraindas Morbai Budhrani Trust	Mastek	Fine Organics
SSG Advisors	Can Fin Homes	Capri Global
REC Foundation	Shapoorji Pallonji Finance	General Insurance Corporation
ATE Chandra Foundation	Umang Pharmatech	Advanced Enzyme Technologies
Jai Shiv Shakti Health & Educational Foundation	Shree Govindram Seksaria Trust	Sharda Cropchem
Future Group	Asha for Education	Alkem Laboratories
Lal Family Foundation	Nucleus Software Foundation	Young Volunteers Organisation
AAK Kamani		

PARIVAAR EDUCATION SOCIETY
WEST BENGAL (CONSOLIDATED)
INCOME AND EXPENDITURE STATEMENT FOR THE YEAR ENDED 31-03-2020

2018-19		EXPENDITURE		2019-20	2018-19	INCOME		2019-20
35,400	To,	Audit Fee		35,400		By, General Donation	(Note-14)	36,51,33,694
26,696	"	Bank Charges		31,633		Interest Received		2,69,21,062
47,41,043	"	Clothes and Accessories		70,63,098		Interest on Fixed Deposit with HDFC		87,42,627
40,530	"	Consultancy Fees (Certification fees to Auditors)		1,59,300		Interest on Fixed Deposit with SBI		2,54,967
2,79,60,228	"	Depreciation		2,88,48,856		Interest on Savings Account		5,048
17,36,700	"	Donations & grants to other organizations		40,00,000		Interest Received From ICICI Bank		3,59,23,705
68,73,578	"	Educational expenses		87,72,165		Interest From Income Tax		2,63,736
27,46,016	"	Electricity and related expenses	(Note-6)	33,48,818		Profit on Sale of Car		
4,94,65,692	"	Fooding Expenses		7,40,68,100				
2,30,800	"	Fuel & Power (Generators)		2,14,954				
15,03,038	"	Fuel & Power (Vehicles)		20,06,279				
1,81,600	"	House Rent		5,70,600				
34,97,566	"	Household Expenses		32,32,317	1,94,593			
	"	Income Tax for Earlier Year		70,807				
1,00,500	"	Innership Allowance		5,91,850				
33,206	"	Interest on TDS		4,660				
2,16,182	"	Local Travels and Conveyance		1,92,185				
14,15,879	"	Medical Expenses	(Note-7)	21,33,707				
1,09,941	"	Miscellaneous Expenses	(Note-8)	94,823				
11,20,190	"	Other Grocery (Hygiene and Toiletries)		11,83,730				
4,59,47,733	"	Payroll and contractual expenses	(Note-9)	6,61,85,175				
3,06,540	"	Pecuniary Help Expenses	(Note-10)	4,31,140				
90,592	"	Postage and Telegraph		2,10,219				
3,46,563	"	Printing and Stationery		1,69,056				
1,73,173	"	Legal expenses and fees	(Note-11)	2,74,193				
22,09,851	"	Repair and Maintenance		26,23,098				
7,56,323	"	Security Service		10,19,723				
13,54,610	"	Sevirotees Pecuniary Help	(Note-12)	9,54,825				
8,58,169	"	Sporting Expenses & Cultural Events		5,67,431				
91,011	"	Telephone Expenses		55,943				
12,43,208	"	Travel and Tour Expenses		12,42,415				
7,53,039	"	Vehicle Expenses (Including Insurance)		9,76,903				
7,54,230	"	Village Welfare	(Note-13)	8,81,945				
19,63,42,727	To,	Balance Transferred to Trust Fund		18,91,05,788				
		(Excess of Income over Expenditure)						
35,35,64,034				40,13,21,135	35,35,64,034			40,13,21,135

Significant Accounting policies
See Accompanying notes to the Balance Sheet and Income & Expenditure statement
In terms of our report of even date

For Jha Yadav & Co
Chartered Accountants
A. Yada
A Yadav
Partner
Date: 14th October 2020



PARIVAAR EDUCATION SOCIETY
Founder, Secretary & Head